




SuvaDiva Spa

MERCURE MALDIVES KOODDOO



SUVADIVE is the ancient name for the three southernmost atolls of the Maldives archipelago. **SUVADIVA** is located at a short distance from the equator, and is the ideal place for those who love pure, untouched nature, palm trees adorn and turquoise lagoons fringed by coral reef. Be enchanted by the nature and the pristine underwater ecosystem.

SUVADIVA Spa provides a precious interlude – a time to revitalize and indulge in the pleasure of absolute relaxation. Escape in the sensory pleasure of SUVADIVA Spa treatments exclusively using quality products from Asian. Imagine paradise island, crystal water and ocean wind together with natural products from the earth it precious experience and unforgettable.

SIGNATURE TREATMENT

Coconut benefits us in many significant ways, whether its coconut water, coconut oil, coconut shell in handicrafts or the coconut husk. Also works for your skin, hair, and overall health, anti-aging, anti-bacterial, and anti-parasitic. Excellent for the immunity system and helps to increase energy by burning fat. Coconut oil is excellent for keeping the skin young and beautiful. Its antioxidant property slows down the ageing process by protecting the body from harmful free radicals.

Exotic Coconut Treat - 120 min

- Coconut Body Scrub 30 min
- Coconut Body Massage 60 min
- Coconut Hair treatment 30 min

MASSAGE

At Suvadiva spa, we understand what you need more; we also can feel it and solve it by the Asian and European technique treatment. Specially using local ingredient as benefit of the treatment. To provide according what you really need, some of body massage with different oil and benefit will pampered you.

Tranquility Massage

60 min | 90 min

With Asian traditional healing technique will bring you back to deep relaxation and comfortable feeling. Combination Swedish technique, palm and thumb pressure point to release your stress and stiffness muscle on your body. Improve blood circulation, relaxation and will give you a good sleep.

Intense Muscles Massage

60 min | 90 min

Special for a person who has deep tension muscles, here is the best treatment for them. Relaxing massage technique, long stroke, and elbow technique will release your problem muscles. You will feel much better and ready back to your activities.

Island Signature Massage

60 min | 90 min

Exotic island massage using our signature massage oil with combination relaxing and stretching massage technique. Our signature to complete your experience on your holiday will make you more relax from first touch until the end.

Warm Stone Massage - 90 min

Combining warm stone protocols with a full body massage provides a very healing and effective experience. The warm stones also expand blood vessels, which encourages blood flow throughout the body, also have a sedative effect that can relieve chronic pain, reduce stress and promote deep relaxation.

Foot Massage - 60 min

Tired feet because of running or walking are the main reason, but always there is other way to fix it. Pressure point on your sole of feet with acupressure technique and leg massage it will help you so much. Just sleep, relax and feel it benefit will connect to part of your body as well and get 100% relaxing.

Mini Massage - 30 min

Enjoy a soothing energizing back, neck and shoulder or foot massage focusing on vital energy points for a total experience of the mind and spirit.

SPECIAL CARE

Treatment from head to toes with different needs, for beauty or healthy as your choice. Feel free to combine the treatment to make something unique and different experience

Natural Facial Treatment - 60 min

Facial treatment is always the best way to refresh your mood from your routine activities. Special for you best combination neck, shoulder massage and natural products facial treatment will make your dream come true. Get fresh, young and healthy skin will be yours.

Sunburn Treatment - 60 min

Natural ingredients to help skin burn from the sun, with coconut scrub, cool yogurt body wrap or aloe vera gel body wrap, will reduces your skin burn and make you feel comfortable and better.

Hair Scalp Treatment - 45 min

Natural ingredients are always the best way to use for pamper yourself. Rosemary and Coconut oil are the perfect match to help your hair scalp from dandruff, itchy, improve blood hair circulation, hair growth, and damage hair. Completely with back and neck shoulder massage it will make your treatment perfect.

BODY SCRUB

Clean and refresh from dead skin, pollution, rub skin, and uncomfortable feeling. Made from natural ingredients and essential oil to have soft, smooth, and clean skin.

*The duration of all body scrub treatments below are **60 minutes**.*

Chocolate Body Scrub

Coffee Body Scrub

Coconut Body Scrub

Brown Sugar Body Scrub

BODY MASK

Perfect treatment after scrubbing to make it complete and get best skin result. As benefit for nourishing, detoxifying, soften and healthy skin condition.

*The duration of all body mask treatments below are **60 minutes**.*

Chocolate Body Mask

Aloe Vera Gel Body Mask

Clay Body Mask

Soothing Body Mask

SPA PACKAGES

The Chocolate Lovers - 150 min

Create your couple journey as sweet as Chocolate. Starting with Chocolate scrub from cocoa and rice, and chocolate mask made from clay for the best benefit to nourishing your skin and relax your mind by sweet smell from Chocolate, continue full body massage with Chocolate massage oil to relax your tension muscles, and enjoying and relax on couple bubble bath to make your couple journey complete with complimentary sparkling wine for couple.

Deep Relax Journey - 120 min

Best complete healing treatment to detoxifying all toxin from your body. Warming and detoxifying from ginger, cardamom, clove and clay are traditional ingredients for Herbal scrub and Herbal mask, release deep stiffness and muscles tension by deep tissue massage, and close with relaxing scalp massage to stimulate hair growth, improve blood circulation, and release your stress.

PHYTOMER FACIAL TREATMENT

The key steps of the PHYTOMER face include exfoliation, deep skin cleansing, customized serum, facial massage and targeted mask to feature professional-quality performance.

EXTENDED YOUTH

Wrinkle Correction Firming Treatment - 75 min

3 key steps in an ultra-effective treatment to resurface the skin, fill wrinkles and restructure the face. In a single treatment the wrinkles are visibly corrected, leaving the skin firm.

CITYLIFE

Anti-Pollution Skin Freshness Treatment - 75 min

Making the skin of city-dwelling women completely healthy with a personalized treatment for tired skin and uneven complexions. The skin is intensely hydrated, signs of fatigue are erased, the complexion is more even and the skin regains its freshness.

HYDRA BLUE

Plumping Moisturizing Treatment - 75 min

Immerse yourself in a moisturizing bath with record efficacy. The results are instant: your skin regains comfort and radiance. It is plumped up and rested.

EYE PERFECTION

Radiance Smoothing Eye Treatment - 25 min

An ultra-comprehensive treatment for sparkling, young-looking eyes. Your eye contour area is smooth and rested. To complement all facial treatments.

SPA ETIQUETTE

SPA ARRIVAL

Kindly arrive at least 15 minutes prior to the scheduled appointment time. Late arrival means less spa time.

Prior to your treatment you will be asked to complete a confidential questionnaire to assess your suitability for any treatment carrying contraindication.

PREGNANCY SPA

We will use special massage oil for “ Mother to be “ treatment to make more relax and comfort.

SPA CANCELLATION POLICY

Reservations cancelled less than 6 hours prior your treatment, 50% charge will apply.

GENERAL SPA COURTESY

We recommend that you leave your jewelry in the safe provided in your villa as we take no responsibility for any loss or damage.

HOW TO SPA

The Spa is open from 09:00 to 19:00 daily.

You may contact the spa directly from your villa on the extension 404.

All treatments will be charged to your villa and appear on your account at the time of check out.





TREATMENT**DURATION****PRICE****MASSAGES**

Tranquility Massage	60/90	100/130
Intense Muscle Massage	60/90	100/130
Island Signature Massage	60/90	100/130
Warm Stone Massage	90	130
Foot Massage	60	80
Mini Massage	30	50

SPECIAL CARE

Natural Facial Treatment	60	80
Sunburn Treatment	60	80
Body Scrub	60	80
Body Mask	60	80
Hair Scalp Treatment	45	75
Manicure	60	75
Pedicure	60	75

SPA PACKAGES

The Chocolate Lovers (per couple)	150	340
Deep Relax Journey	120	150

SIGNATURE TREATMENT

Exotic Coconut Treat	120	150
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PHYTOMER FACIAL TREATMENT

Extended Youth	75	120
City Life	75	120
Hydra Blue	75	120
Eye Perfection	25	30

Rates subject to service charge and applicable taxes



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For more information or to make a booking, contact the spa on extension 404 from your villa phone